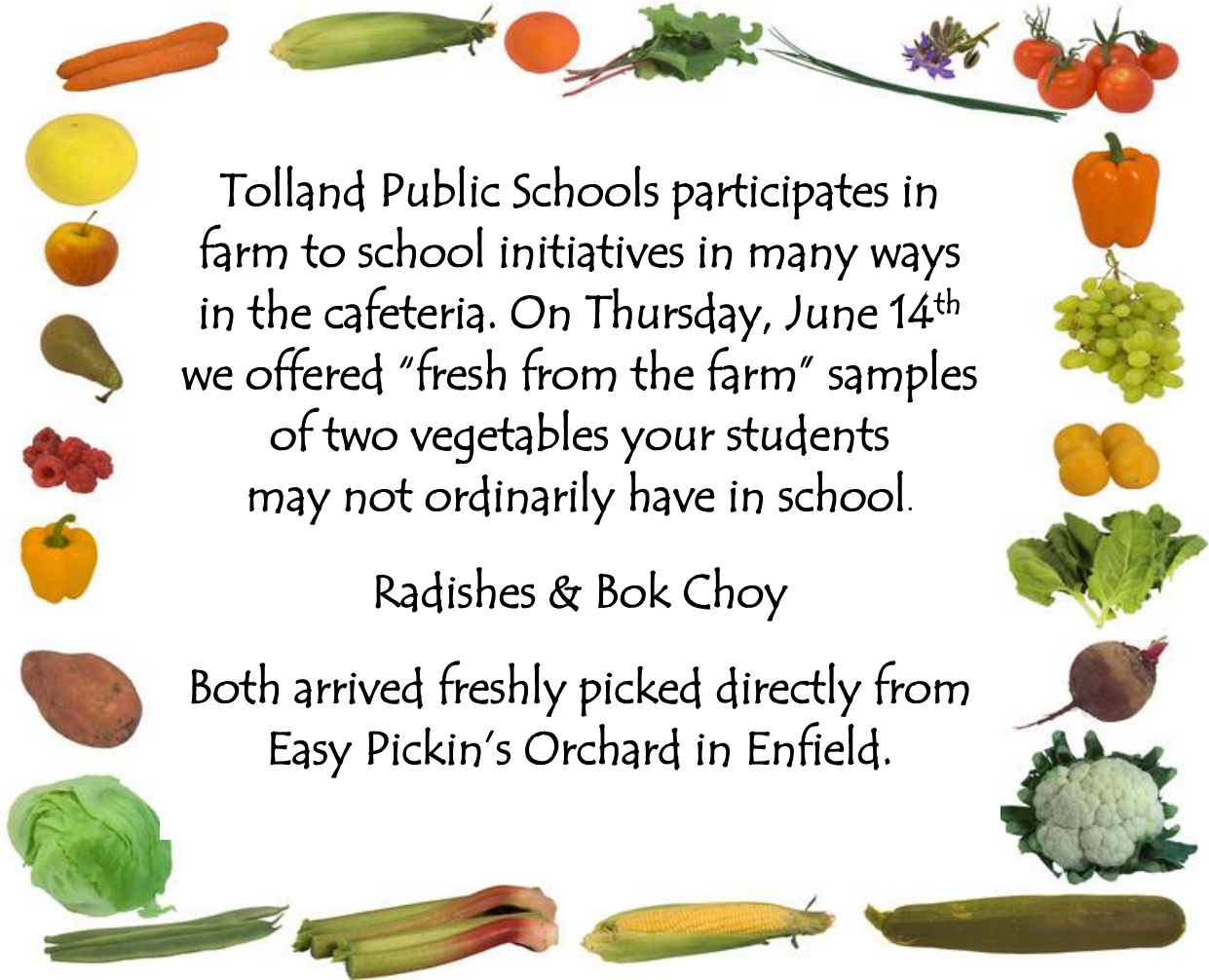


## NEWS FROM THE CAFETERIA

Put "Local On Your Tray" direct from the farm!



Tolland Public Schools participates in farm to school initiatives in many ways in the cafeteria. On Thursday, June 14<sup>th</sup> we offered "fresh from the farm" samples of two vegetables your students may not ordinarily have in school.

### Radishes & Bok Choy

Both arrived freshly picked directly from Easy Pickin's Orchard in Enfield.

We provided nutritional information as well as recipes that you can try at home. Please click [Radishes](#) and/or [Bok Choy](#) to see the flyers on these two delicious and sometimes overlooked vegetables.

Here is a link to [Easy Pickin's](#) website if you would like more information on their offerings.

If you have any questions please contact Abby Kassman-Harned, Director of Food Service at

[aharned@tolland.k12.ct.us](mailto:aharned@tolland.k12.ct.us) or 860-870-6853