

# Kids' Yoga with Ms. Vicky

Saturday, June 8 at 11:00am



Children ages 5 and up can join Ms. Vicky, a trained kids yoga instructor from BreatheMoreYoga, for a free class! This program will introduce children to some basic yoga poses in a fun and relaxing environment. Parents are invited to join in on the fun. Don't forget to bring your yoga mat or a beach towel. Space is limited, please sign up in advance.

Tolland Public Library