



Find us on 

@SpiritOfSpring5 

Saturday, April 13th – Tolland High School
Register Site: www.spiritofspring5K.org

<p><u>Spirit of Spring 5K</u> 12 PM Start Awards – top 3 finishers male & female in each division</p> <p>Entry Fee – 18 Years and Under \$15.00 19 Years and Up \$20.00 (after 3/22 add \$5.00) Families (same household) \$40.00</p> <p>This is a certified 5K course; a seeding race for The Manchester Road Race</p>	<p><u>Kim’s 1 Mile Fun Run</u> 11 AM Start All runners aged 10 and under receive a special award</p> <p>12 years and under – Free All Others - \$5.00 Donation</p> <p>This is a fun one mile running, walking or jogging event offering the opportunity for all entrants from toddlers to grandmothers to shake off the dust from their jogging shoes.</p> <p>This year’s special recognition prizes will be awarded all youth runners aged 10 and under.</p>
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- Two Egg hunts 11:45 AM & 12:30 (BYOB – Bring Your Own Basket)
- Arts and Crafts Tent for the Kids open 10:00 AM to 1:00 PM – Provided by the Albert Schweitzer Club of Coventry High School

All monies raised at this event go directly back into our community through many different avenues, High School Scholarships, Project Graduation, Food & Fuel Banks, Shelters, Youth Athletics and many more. Thank you for your support.
Lions Club of Tolland ● Tolland Knights of Columbus ● The Goldsnider Family of Coventry

www.spiritofspring5K.org

Register on line, click on Race Roster button
Register Mail in, click on Mail Form and Waiver
Fill out forms and mail with family check amount

Commemorative Medallion Given to All 5K Runners

