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@SpiritOfSpring5



## Spirit of Spring 5K Event Date

### Saturday, April 7th – Tolland High School

<p><b>Spirit of Spring 5K 12 PM Start</b> Awards – top 3 finishers male &amp; female in each division</p> <p><b>Entry Fee –</b> 18 years and Under \$15.00 19 years and Up \$20.00 (after 3/15 add \$5.00) Families (same household) \$40.00</p> <p><b>This is a certified 5K course; a seeding race for The Manchester Road Race</b></p>	<p><b>Kim's 1 Mile Fun Run 11 AM Start</b> All runners aged 10 and under receive a special award</p> <p><b>12 years and under – Free</b> All Others - \$5.00 Donation</p> <p><b>Kim's Fun Run</b> This is a fun one mile running, walking or jogging event offering the opportunity for all entrants from toddlers to grandmothers to shake off the dust from their jogging shoes.</p> <p><b>This year's special recognition prizes will be awarded all youth runners aged 10 and under.</b></p>
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- Two Egg hunts 11:45 AM & 12:30 (BYOB – Bring Your Own Basket)
- Arts and Crafts Tent for the Kids open 10:00 AM to 1:00 PM - Provided by the Albert Schweitzer Club of Coventry High School

All monies raised at this event go directly back into our community through many different avenues, High School Scholarships, Project Graduation, Food & Fuel Banks, Shelters, Youth Athletics and many more. Thank you for your support.

Lions Club of Tolland ● Tolland Knights of Columbus ● The Goldsnider Family of Coventry

Register on line, click on Race Roster button  
Register Mail in, click on Mail Form and Waiver  
Fill out forms and Mail with family check amount

[www.spiritofspring5K.org](http://www.spiritofspring5K.org)

Commemorative  
Medallion given to  
all 5K Runners

