



Tolland Family Resource Center Newsletter

Thanks to Mrs. Morse, Mrs. Roshkowski, Mrs. Mahoney and Mrs. Axler for a fun Preschool Mini Camp for our FRC Preschoolers! They had two weeks of fun in June! Summer is here! We have shifted gears. Summer Camp Hawk has begun. Thanks to Mrs. Mahoney, Mrs. Morse and Mrs. Vaida we have even redecorated! Welcome to new families joining us for their first FRC experience. We are excited to have you!



Still a few spots left.... Join the fun. FRC Summer Camp will be held at Birch Grove Primary School.

Contact Carol Hiller Camp Director: (860) 870-6750 x 6

Think **SUMMER**, think **ADVENTURE**, think **EXPLORATION**, think **FRIENDSHIP**, think **FUN**, think **AWESOME**, think

TOLLAND FAMILY RESOURCE CENTER CAMP HAWK.

We offer full time and part week camp for children entering Kindergarten (age 5 by 7/1/2018) through age 12 at Camp Hawk. We have a mini camp experience for our youngest campers entering Kindergarten in the fall. Each year we plan new **ADVENTURES**, with exciting outings to challenge and engage our campers. Registration forms can be found on our website www.tolland.12.ct.us/community/family_resource_center.

- FRC Camp Hawk for children age 5 (by 7/1/2018) through age 12

7:00 AM – 6:00 PM June 25 – August 17

All staff are certified in First Aid, CPR and are medically trained for emergencies to assure your child's safety.

CAMP HAWK SESSION DATES AND THEMES

Week 1 (June 25-June 29)

**“Anything Goes”
Field Trip: Thursday
North West Park Windsor**

Week 5 (July 23-27)

**“Time Travelers”
Field Trip: Thursday
Sturbridge Village**

Week 2 (July 2-July 6) Closed Wednesday, July 4

**“Heads Up”
Field trip: Thursday
Soars-Manchester**

Week 6 (July 30-August 3)

**“Polynesia-Palooza”
Field trip – Thursday
Hammanasset State Beach**

Week 3 (July 9-July 13)

**“Rainforest”
Field Trip: Thursday
Southwick Zoo featuring the new Rainforest Maze.**

Week 7 (August 6-August 10)

**“Fiesta”
Field Trip - Thursday
Plaza Azteca in Manchester**

Week 4 (July 16-July 20)

**“Diving Deep”
Field Trip: Thursday
Submarine Force Museum and
Explore the Nautilus**

Week 8 (August 13-August 17)

**“Best of the Best”
Field Trip: Thursday
Valley Falls –hiking & picnicking**

- **Mini-Camp** for children entering Kindergarten in 2018 (FULL)

9:00 AM – 12:00 PM July 16 – July 20

All staff are certified in First Aid, CPR and are medically trained for emergencies to assure your child's safety.

If times are tough or you find yourself or your children struggling in any way, please let us know and we will see if we can help. Communicating with us when there are challenges that can affect the kids at school can only help.

Very limited FRC Registration available for 2018-2019

Limited openings are still available in our before and after school program, our Grow with Me Program for 2s and 3s, our Preschool Enrichment and our Traditional Preschool for 4 year olds. Are you registered?

Special Programs:

Resources for Parents! (www.tolland.k12.ct.us/community/family_resource_center)

Tolland Family Resource Center and Tolland Youth Services have collaborated to subscribe to **Peace At Home**, a wonderful on-line resource of webinars and support sessions. These ONLINE PARENTING CLASSES are free for Tolland residents thanks to Tolland Family Resource Center and Tolland Youth Services. • Reduce Family Stress • Get Kids to Listen and Cooperate • Build Strong Connections - Without Raising Your Voice!

Register At: PeaceAtHomeParenting.com Use FREE Discount code: TOWNPEACE2018

Special Summer Events:

Tolland Public Library: Summer Reading Program, Story times, Chess Club, Discounted Passes to Museums Available for loan. Truck Day at Tolland Library June 29! www.tolland.org/library

Hiking Trails, Open Space in Tolland Trail Maps www.tolland.org/recreation-department/pages/trailmaps
Dog friendly trails: <https://www.bringfido.com/attraction/trails/city/tolland-ct-us/>

Massachusetts Free Fridays! <http://highlandstreet.org/programs/free-fun-fridays>

Our Free Fun Fridays offer visitors no-cost admission to many of the most treasured cultural venues in Massachusetts. This program was created to increase access and enrichment opportunities for children and families throughout Massachusetts during the summer months. Every Friday, from the end of June through the end of August, multiple sites are open for free. We reach out to schools, veterans groups, libraries, seniors centers, and many other community organizations to ensure that everyone knows that they are also welcome.

Kids Bowl Free program at Spare Time Vernon. Registered Children age 15 years and younger can bowl two games each weekday (shoe rental not included.) For more info or to register www.kidsbowlfree.com

Summer Playgroups

Jack and Allies Bookstore in Vernon offers storytimes, summer camp, reading clubs
<http://www.jackandallies.com> 520 Hartford Turnpike Vernon,Ct 06066 (860)375-8465

FRC Summer Playgroups Monday July 23 and Friday August 24 we will meet on the Preschool Playground (near the main playground, but safely fenced in!) at Birch Grove 247 Rhodes Rd

10:00-11:00 am for some summer fun. If raining come to the main entrance of Birch Grove School.

Adam's Adventure Playground: 167 Rhodes Rd Tolland. Always a great place to meet up with friends!

Community News:

Music Together classes with Arts from the Heart

SUMMER IS THE PERFECT TIME TO MAKE SOME MUSIC!

The summer class schedule is up on the Arts from the Heart website and registration has begun! We are offering a 6 week summer session with unlimited make-ups and flexibility for your littles birth-5 and you to enjoy music making all summer. We are also offering a 1 week afternoon (drop off!) Rhythm Kids Camp in August for kids ages 5-8. Drumming, singing, dancing, crafting - FUN! For more information, check out our website at www.artsfromtheheart.net or find us on Facebook at Arts from the Heart, llc. Thanks for

sharing your preschoolers with us this year - we look forward to more music making through the summer and next year!

Playgroups will begin September 17! (rates and days are tentative and subject to changes based on enrollment)

Tolland Family Resource Center Playgroups and Special Fall Events

Playgroups * additional \$25 fee for out of town participants

Monday: **Morning Fun** with Miss Karen free* 9:00-9:45AM

9/17, 9/24, 10/1, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17

Tuesday: **FRC/Library Playgroup 1000 Books B4K** 10:15-11:15AM free 9/18, 9/25, 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11, 12/18

Mindfulness Time for preschoolers 1:30-3:00 PM \$100 session* (\$12 drop in fee if space is available)

9/18, 9/25, 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11, 12/18

Thursday: **Artist in Me** 1:30 - 3:00 PM \$100 session* (\$12 drop in fee if space is available)

9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/8, 11/15, 11/29, 12/6, 12/13, 12/20

Adelante Espanol K-5 3:20-4:30 PM \$100 session*

9/27, 10/4, 10/11, 10/18, 10/25, 11/8, 11/15, 11/29, 12/6, 12/13, 12/20

Friday: **Babies Toddlers and Twos** 9:00-10:30 AM \$50 session*(\$5 drop in fee if space is available)9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/9, 11/16, 11/30, 12/7, 12/14, 12/21

July

July 23 ~ Playgroup on the Preschool Playground 10:00-11:00 am

July 27 & 28 Seussical the Musical THS 7:00 pm purchase tickets in advance

August

August 17 ~Last day of Summer Camp Hawk

August 24 ~ Playgroup on the Preschool Playground 10:00-11:00 am

August 27/28 BGP/TIS meet and greet stop by FRC!

August 29 ~ First Day of School/FRC SAC open at 7:00 am closes at 6:00 pm

September

September 3~ No School Labor Day

September 6 ~ Preschool 3's visiting day 9:00-10:00 am

September 7 ~ Preschool 4's visiting day 12:30-1:30 pm

Preschool Enrichment visiting day 12:30-2:00 pm

September 10 ~ First Day of Preschool Enrichment 9:00-1:30 pm and PS 4 12:15-3:15 pm

September 11 ~ First day of Preschool 3's 9:00-11:30 am

September 12 ~ First day of Grow with Me for Twos and Threes 9:00-10:30 am

September 15 ~ Mom's Club/FRC Craft Fair at BGP (rain date 9/16)

September 27-Introduction to TERAC for all FRC families (breakfast served) 9:00 in FRC
TERAC Board Meeting 6:30-7:30 Media Center BGP

Save the Dates:

MOM'S Club/FRC Craft Fair September 15 Birch Grove School

Lion's Club Vision Screening (infant-2nd grade noninvasive) This FREE screening can test for astigmatism, nearsightedness, farsightedness, lazy eye, misalignment of the eyes and pupil size in a 20 second scan. Nearly 20% of children screened are found to have a problem and need referral for treatment. September 24-October 5! Registration will begin in early September. For information Call Steve Gudernatch (860) 875-9775 or Laurel Leibowitz (860) 870-6750 x 30215. For a moving documentary view "Lions help save Cross's sight" on You Tube.

Tolland Family Resource Center offers FREE developmental Screenings for Children ages 2m-5 years of age. You call at any time to set up an appointment or we have special screening weeks! October 1-5, December 3-6 and February 4-8. Call (860)870-6750 x 20215 and ask for Karen or Laurel, Parent Educators

October 19: Family Harvest Night

November 14: Let's Be Thankful! FRC Family Pot Luck and Art Show

December 14: Family Gingerbread Night

January 7- Preschool Childcare Activity Fair: Come learn about all the wonderful programs offered in town

Keep an eye on our website as dates and times can change!

www.tolland.k12.ct.us/community/family_resource_center. I will be on vacation June 29-August 20. Please contact Carol Hiller (860) 870-6750 x 6 or Thomas Swanson Principal (860) 870-6750 if you need assistance during the summer. Have a safe and wonderful summer making awesome family memories!! Take lots of pictures! We will have a family-time memory wall of photos this fall!



Laurel Leibowitz and the fabulous FRC Team!