



Dear Teachers, Staff, and Parents:

Two of our district schools will be participating in a special **Fresh Fruit and Vegetable Program** for the 2022-2023 school year. **We will be offering fresh fruits and vegetables in the classroom as snacks.** We are excited to have been awarded this grant to provide our **John Fenwick Academy & Salem Middle School** children with healthy, nutritious foods. **The NJ Department of Agriculture awarded this program to only 145 schools throughout the state.** We are privileged to have received this grant!

(Wednesday & Thursday) days each week your students will enjoy a fruit or vegetable in the classroom. **In order for this program to be a success we are asking for your help!**

We need you to be role models by implementing the following:

- ❖ **Join** in with your students and **eat the fruit or veggie snack.**
- ❖ **Highlight** the **importance** of **eating healthy fruits and veggies.**
- ❖ **Emphasize trying veggies** even though your students may think their yucky. Persuade your students to **take a small taste.**
- ❖ **Encourage** your students to **eat fruits & veggies** at home during meal times and for snacks.

The goals of the fruit and vegetable program are as follows:

- ✓ Increase Children's Fruit & Vegetable Consumption
- ✓ Create Healthier Schools
- ✓ Promote Wellness
- ✓ Change Children's Diets to Impact their Future Health

We hope you will extend these goals in your classroom. This program will benefit the health and well-being of our students! **Students look up to you! As their teacher and adult role model you can make a difference in their future health. Please support this program and make our school shine!**

Thank you for your support!