

KRESS ISD

SEPT

MENU 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

No School

September 5, 2022
September 26, 2022

Menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Ham & cheese sandwich, fruit, juice, milk

Popcorn chicken, roll, corn, crunchy broccoli salad, apple, cookie, milk

2ND Breakfast burrito, hash brown, fruit, juice, milk
Hot dog, oven fries, tomato cup, snowball salad, milk

5TH

NO SCHOOL

6TH Cheese omelet, toast, fruit, juice, milk

Chili cheese totchos, biscuit, veggie cup, strawberries, milk

7TH Sausage biscuit, fruit, juice, milk

Chicken nuggets, mac & cheese, carrots, squash, grapes, milk

8TH Breakfast pizza, fruit, juice, milk

Hamburgers, chips, tomato cup, garden salad, pears, milk

9TH French toast, sausage, fruit, juice, milk

X-treme burrito, corn, cucumbers, applesauce, cookie, milk

12TH Pancakes, bacon, fruit, juice, milk
Breaded drumstick, biscuit, garden salad, tomato cup, orange smiles, milk

13TH Breakfast burrito, hashbrown, fruit, juice, milk
Walking taco, beans, veggie cup, pineapple, cookie, milk

14TH Waffles, sausage, fruit, juice, milk

Lasagna, breadstick, fresh broccoli, marinara sauce, applesauce, milk

15TH Sausage biscuit, juice, milk
Chicken wings, chips, celery, carrots, mixed fruit, frozen yogurt cup, milk

16TH Chicken & biscuit, fruit, juice, milk

Steak fingers, gravy, roll, green beans, corn, peaches, milk

19TH Breakfast pizza, fruit, juice, milk
Oven fried chicken, roll, mashed potatoes, tomato cup, fruit cup, milk

20TH French toast, sausage, fruit, juice, milk

Quesadilla, salsa, beans, cucumbers, apricots, ice cream cup, milk

21ST Early bird sandwich, fruit, juice, milk
Chicken sandwich, veggie cup, garden salad, fruity gelatin, milk

22ND Pancake wrap, yogurt, fruit, juice, milk
Breaded porkchop, gravy, cheesy broccoli, corn, mandarin oranges, milk

23RD Sausage biscuit, fruit, juice, milk

Cheese pizza, carrots, green beans, apples, cookie, milk

26TH

NO SCHOOL

27TH Chicken & biscuit, juice, milk
Chicken fajitas, beans, carrots, salsa, hot cinnamon apples, sherbet cup, milk

28TH Breakfast pizza, fruit, juice, milk
Meatball sandwich, garden salad, green beans, peaches, milk

29TH Ham & cheese sandwich, fruit, juice, milk

Ranchero wrap, crunchy broccoli salad, corn, apple, cookie, milk

30TH Breakfast burrito, hashbrown, fruit, juice, milk
Hotdog, oven fries, tomato cup, snowball salad, milk



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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