

# Kress ISD

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

2<sup>ND</sup>

No School

3<sup>RD</sup>

No School

4<sup>TH</sup>

No School

5<sup>TH</sup> Pancake wrap, yogurt, fruit, juice, milk

Breaded pork chop, gravy, roll, broccoli, corn, mandarin oranges, milk

6<sup>TH</sup> Cheesy toast, sausage, fruit, juice, milk

Pepperoni pizza, carrots, green beans, apples, cookie, milk

9<sup>TH</sup> Pancakes, bacon, fruit, juice, milk

Country fried steak, gravy, mashed potatoes, okra, roll, strawberries, milk

10<sup>TH</sup> Breakfast taquito, fruit, juice, milk

Chicken fajitas, beans, carrots, salsa, hot cinnamon apples, sherbet, milk

11<sup>TH</sup> Breakfast pizza, fruit, juice, milk

Chicken alfredo, breadstick, garden salad, green beans, peaches, milk

12<sup>TH</sup> Sausage biscuit, fruit, juice, milk

Popcorn chicken, roll, corn, broccoli salad, apples, rice crispy treat, milk

13<sup>TH</sup> Breakfast burrito, hashbrown, fruit, juice, milk

Hotdog, oven fries, tomato cup, snowball salad milk

16<sup>TH</sup>

No School

17<sup>TH</sup> Sausage kolache, yogurt, fruit, juice, milk

Chicken & waffles, veggie cup, tater tots, strawberries, milk

18<sup>TH</sup> Breakfast sandwich, fruit, juice, milk

Chicken nuggets, mac & cheese, carrots, squash, grapes, milk

19<sup>TH</sup> Breakfast pizza, fruit, juice, milk

Hamburgers, chips, tomato cup, garden salad, pears, milk

20<sup>TH</sup> French toast, sausage, fruit, juice, milk

X-treme burrito, corn, cucumbers, rosy applesauce, rice crispy treat, milk

23<sup>RD</sup> Pancakes, bacon, fruit, juice, milk

Breaded drumstick, biscuit, garden salad, sweet potato fries, orange smiles, milk

24<sup>TH</sup> Breakfast burrito, fruit, juice, milk

Walking taco, beans, veggie cup, pineapple tidbits, cookie, milk

25<sup>TH</sup> Waffles, sausage, fruit, juice, milk

Lasagna, breadstick, broccoli, marinara sauce, cinnamon applesauce, milk

26<sup>TH</sup> Ham & cheese croissant, fruit, juice, milk

Chicken wings, chips, celery, carrots, mixed fruit, frozen yogurt, milk

27<sup>TH</sup> Chicken & biscuit, fruit, juice, milk

Steak fingers, gravy, roll, green beans, corn, peaches, milk

30<sup>TH</sup> Breakfast pizza, fruit, juice, milk

Corn dog, oven fries, tomato cup, fruit cup, milk

31<sup>ST</sup> Dutch waffle, fruit, juice, milk

Quesadilla, salsa, beans, cucumbers, apricots, ice cream cup, milk

# JAN

## MENU 2023

### GEAR UP FOR GYM



### ANNOUNCEMENTS:

**NO SCHOOL**  
January 2-4, 2023

January 16, 2023



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Updated 1/1/2023  
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