

This institution is an equal opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday



7
WG Pancake & Sausage Stick
Syrup
Fruit Choice / Juice Choice
Milk Choice

8
WG Muffin
Fruit Choice / Juice Choice
Milk Choice

9
WG Biscuit / Turkey Sausage
Fruit Choice / Juice Choice
Milk Choice

10
Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

11
Scrambled Eggs / Grits
Fruit Choice / Juice Choice
Milk Choice

14
Donuts Mini Bites
Juice Choice
Fruit Choice
Milk Choice

15
WG Biscuit /Chicken Patty
Fruit Choice / Juice Choice
Milk Choice

16
Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

17
WG Pancake or Waffles
Syrup
Juice Choice
Fruit Choice
Milk Choice

18
WG Cinnamon Roll
Juice Choice
Fruit Choice
Milk Choice

21
Thanksgiving
Holiday

22
Thanksgiving
Holiday

23
Thanksgiving
Holiday

24
Thanksgiving
Holiday

25
Thanksgiving
Holiday

28
WG Muffin
Fruit Choice / Juice Choice
Milk Choice

29
Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

30
Scrambled Eggs / Grits
Fruit Choice / Juice Choice
Milk Choice



Menus are subject to change

This is an equal opportunity provider

Monday
Tuesday
Wednesday
Thursday
Friday


7
 White Beans w Ham
 Steamed Rice
 Seasoned Greens
 Steamed Cabbage
 Sliced Peaches
 Fresh Fruit Choice (HS)
 WG Golden Cornbread
 Milk Choice

14
 Red Beans w Sausage
 Steamed Rice
 Carrot Sticks w Dip
 Steamed Cabbage
 Chilled Pears
 Applesauce (HS)
 WG Golden Cornbread
 Milk Choice

21
 Thanksgiving
 Holiday

28
 Chicken Tenders or Nuggets
 Macaroni & Cheese
 Popeye Salad w Tom.
 Steamed Vegetables
 Fresh Fruit Choice
 Chilled Fruit Choice (HS)
 WG Roll
 Milk Choice

1
 Chicken/ Pork/ Sausage Jambalaya
 White Beans
 Sweet Potatoes
 Chilled Melon
 Chilled Pears (HS)
 WG Roll
 Milk Choice

8
 Spaghetti w Meat Sauce
 Popeye Salad
 w (spinach/ Shredded Carrots)
 Seasoned Corn / Bread Stick
 Fresh Fruit Choice
 Applesauce
 Milk Choice

15
 Breaded Chicken /WG Bun
 Lettuce/Tomato
 French Fries
 Carrot Sticks w/Dip
 Chilled Melon
 Fruit Choice (HS)
 Cookie / Milk Choice
 Option: Chicken Tenders w/Roll

22
 Thanksgiving
 Holiday

29
 Chicken/ Pork/ Sausage Jambalaya
 White Beans
 Sweet Potatoes
 Chilled Melon
 Chilled Pears (HS)
 WG Roll
 Milk Choice

2
 Beef Tacos
 W Cheese Shredded
 Tortilla Flour
 Lettuce / Tomato
 Sunset Sip Juice
 Seasoned Corn / Salsa
 Chilled Grapes/Strawberries (HS)
 Milk Choice

9
 Hamburger
 Lettuce /Tomato / Pickle
 Potato Rounds
 Carrot Sticks w dip
 Chilled Fresh Apple Half
 Pears (High)/ Cookie
 Milk Choice

16
 Turkey Roast w Gravy
 Rice Dressing
 Seasoned Peas
 Sweet Potatoes
 Chilled Mixed Fruit
 Fresh Fruit Choice (HS)/ WG Roll
 Thanksgiving Cake/ Milk Choice

23
 Thanksgiving
 Holiday

30
 Beef Tacos
 W Cheese Shredded
 Tortilla Flour
 Lettuce / Tomato
 Sunset Sip Juice
 Seasoned Corn / Salsa
 Chilled Grapes/Strawberries (HS)
 Milk Choice

3
 Chicken/Sausage Gumbo
 Steamed Rice
 Potato Salad
 Broccoli Florets w Dip
 Orange Whole
 Chilled Mixed Fruit (HS)
 WG Crackers/ Milk Choice

10
 Baked Chicken
 Seasoned Rice
 Carrot Sticks w Dip
 Steamed Broccoli 1/2c DGV
 Chilled Melon Cup 1/2c-1c
 Banana (HS) 1/2c.
 WG Roll 1G / Milk Choice 8 oz.

17
 Beef-a-Roni
 Popeye Salad
 Seasoned Green Beans
 Chilled Mixed Fruit
 Chilled Peaches (High)
 WG Bread Stick
 Milk Choice

24
 Thanksgiving
 Holiday

4
 Chicken Tenders or Nuggets
 Macaroni & Cheese
 Popeye Salad w Tom.
 Steamed Vegetables
 Fresh Fruit Choice
 Chilled Fruit Choice (HS)
 WG Roll
 Milk Choice

11
 Corn Dog
 Savory Onion Rings
 Baked Beans / Mixed Fruit
 Fresh Fruit Choice (HS)
 Graham Crackers
 Milk Choice
 Optional: Mini Corn Dogs

18
 Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w Dressing
 Red Grape
 Apple (High)
 Graham Crackers
 Milk Choice

25
 Thanksgiving
 Holiday



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