

This institution is an equal opportunity provider

St. James Parish School Board

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

Administrative Day
All School Personnel

Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

WG Cinnamon Roll
Juice Choice
Fruit Choice
Milk Choice

8

9

10

11

12

WG Muffin
Fruit Choice / Juice Choice
Milk Choice

Pancakes, Mini Color Sprinkle
Syrup
Juice
Fruit Choice
Milk Choice

Scrambled Eggs / Grits
Fruit Choice / Juice Choice
Milk Choice

French Toast Sticks
Syrup
Fruit Choice / Juice Choice
Milk Choice

Cereal
Graham Crackers
Fruit Choice / Juice
Milk Choice
Option: Pop Tart or Cereal Bar

15

16

17

18

19

Pancake & Sausage Sandwich
Syrup
Fruit Choice / Juice Choice
Milk Choice

Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

Turkey Sausage / Grits
Fruit Choice / Juice Choice
Milk Choice 8 oz.

Belgium Waffles
Syrup
Juice Choice / Fruit Choice
Milk Choice
Option: Waffles

Biscuit / Scrambled Eggs
Fruit Choice / Juice Choice
Milk Choice

22

23

24

25

26

Donuts Mini Bites
Juice Choice
Fruit Choice
Milk Choice 8 oz.

WG Cinnamon Roll
Juice Choice
Fruit Choice
Milk Choice

Cereal
Graham Crackers
Fruit Choice / Juice Choice
Milk Choice
Option: Pop Tart or Cereal Bar

Biscuit / Chicken Patty
Fruit Choice / Juice Choice
Milk Choice 8 oz.

WG Muffin
Fruit Choice / Juice Choice
Milk Choice

29

30

31

Pancakes, Mini Color Sprinkle
Syrup
Juice Choice
Fruit Choice
Milk Choice

French Toast Sticks
Syrup
Fruit Choice / Juice Choice
Milk Choice

Scrambled Eggs / Grits
Fruit Choice / Juice Choice
Milk Choice

Menus are subject to change

This institution is an equal opportunity provider

Monday

Tuesday

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Friday

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2

3

4

5

Administrative Day
All School Personnel

Chicken/Pork/ Turkey Stew (Choice)
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Fruit Oranges (whole cut)
Banana 1 (High)
WG Roll
Milk Choice

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches (High)
WG Bread Stick
Milk Choice

Chicken/ Pork/ Sausage Jambalaya
White Beans
Sweet Potatoes
Chilled Watermelon
Chilled Pears (High)
WG Roll
Milk Choice

Beef Tacos
Cheese Shredded
Tortilla Flour
Shredded Lettuce / Tomato
Sunset Sip Juice
Seasoned Corn / Salsa
Chilled Grapes/Strawberries (High)
Milk Choice

Hot Dogs w/ Chili
French Fries
Baked Beans
Fresh Fruit Apples
Chilled Peaches (High)
Choice of Baked Chips
Milk Choice
Option: Sloppy Joe

Baked Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks W Dip
WG Roll
Chilled Orange (High)
Mixed Fruit
Milk Choice

Baked Ham
Macaroni & Cheese
Popeye Salad w Tomatoes
Steamed Mixed Vegetables
Chilled Pears
Chilled Fruit Choice (High)
WG Roll
Milk Choice

White Beans
Steamed Rice
Seasoned Greens
Creamy Coleslaw
Sliced Peaches
Fresh Fruit Choice (High)
WG Golden Cornbread
Milk Choice

Meatloaf
Loaded Mashed Potatoes
Steamed Broccoli
Chilled Melon Cup
Banana (High)
WG Roll
Milk Choice

Hamburger
Lettuce /Tomato / Pickle
Potato Rounds /Carrot Sticks w dip
Chilled Fresh Apple Half
Pears (High) Cookie
Milk Choice

Spaghetti w Meat Sauce
Popeye Salad
w (spinach/ Shredded Carrots)
Seasoned Corn / Bread Stick
Fresh Fruit Choice
Applesauce
Milk Choice

Mini Corn Dog Nuggets
Savory Onion Rings
Baked Beans / Mixed Fruit
Fresh Fruit Choice (High)
Graham Crackers
Milk Choice
Optional: Corn Dogs

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (High)
WG Golden Cornbread
Milk Choice

Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Apple (High)
Graham Crackers
Milk Choice

Chicken/Pork/ Turkey Stew
(Choice)
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Fruit Oranges (whole cut)
Banana (High)
WG Roll / Milk

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches (High)
WG Bread Stick
Milk Choice

BBQ Pulled Pork Sandwich on Bun
Lettuce /Tomato Cup
French Fries
Carrot Sticks w/Dip
Chilled Melon
Fruit Choice (High)
WG Cookie
Milk Choice

Sloppy Joe
French Fries
Baked Beans
Fresh Fruit Apples
Chilled Peaches (High)
Choice of Baked Chips
Milk Choice
Option: Hot Dogs w Chili

Chicken/ Pork/ Sausage Jambalaya
White Beans
Sweet Potatoes
Chilled Watermelon
Chilled Pears (High)
WG Roll
Milk Choice

Beef Tacos
W Cheese Shredded
Tortilla Flour
Lettuce / Tomato
Sunset Sip Juice
Seasoned Corn /Salsa
Chilled Grapes/Strawberries (High)
Milk Choice

Menus are subject to change