

## MS Girls Improve at Quinter By Judy Rogers

The Golden Plains Middle School girls showed improvement in several events at the Quinter Track Meet on April 29. The girls posted 28 points as a team as they continue to decrease times and increase distances this season.

Sixth grader Adilyn Meier knocked 10 seconds off her time in the 1600m to place second at 6:07.12. Elizabeth Weiner placed in fourth place at 6:34.06. Meier also placed second in the 800m at 2:47.06 with Weiner coming in fifth at 3:01.58. Brenlynn Rath also posted a PR jump of 13' 8" in Long Jump for fourth place.

Two girls in the 200m posted PR times including Addy Wessel 36.02 and Estella Vargas 37.29. Vargas also ran a PR of 1:29.8 in the 400m. Anais Cepeda PR'd at 3:09.23 in the 800m run with Lakin Wark setting a PR of 20.87 in the 100m hurdles and Meier running a best time of 21.25 in this event. Kailee Wessel set a PR of 40.58 in the 200m hurdles.

In other events, running event results were: 100m-Brenlynn Rath 14.79, Lakin Wark 15.33; 200m-Marisol Perez 38.66; 400m-Rath 1:13.43, Mayte Hernandez 1:13.97; 1600m-Anais Cepeda 7:19.79; 200m Hurdles-Kadalen Unrein 42.49, Briella Knowles 46.75; 4 x 100m Relay 1:06.85 (run by Briella Knowles, Kadalen Unrein, Estella Vargas, and Kailee Wessel); 4 x 200m Relay 2:20.45 (run by Katie Carter, Braylee Knowles, Evelyn Ortiz, and Addy Wessel, 4 x 400m Relay 5:01.88 (run by Mayte Hernandez, Anais Cepeda, Adilyn Meier, and Brenlynn Rath.)

Additional field results include: Long Jump-Hernandez 10' 1", Evelyn Ortiz 9' 6"; Triple Jump-Cepeda 25' 1", Wark 24' 5"; Shot Put-Braylee Knowles 24' 8", Unrein 24' 1", Addy Wessel 22' 3.5"; Discus-Unrein 50' 11", Kailee Wessel 47' 6", Katie Carter 45' 9".

The girls competed again at the Logan Invitational on May 3 in Logan.