

Cross Country Runs at Regionals By Jamie Graves

The Golden Plains Cross Country team continued their season with Regionals at Ness City on October 23. Sophomore Emma Weiner qualified for state placing first out of 59 girls, with a personal best time of 19:48.80. This is her second year to win Regionals and qualify for the state meet. She will run on October 30 at the Sand Plum Nature Trail in Victoria where she placed third last year.

Although Senior Ethan Weiner had placed in the top 10 at every meet this season, he finished in the middle of the pack at regionals. "I'm disappointed that illness held me back from my full potential," said Weiner. "I am glad we have had Cross Country these past two years and hope to see more athletes compete in the future." Ethan completed his last high school race with a time of 20:28.20. His career and season best run of 18:34 was the previous week in Hoxie where he placed second. Freshman Owen Patmon completed the race with a time of 23:05:00. He season best run was also at Hoxie at 22:55.