



**Stuffed Cheese Breadsticks, Whole Grain, Basic Preparation**

COOK PRODUCT UNTIL INTERNAL TEMPERATURE REACHES 160 DEGREES F. CONVECTION OVEN: PREHEAT TO 350 DEGREES F. PLACE 2 FROZEN SHEETS OF BREADSTICKS ON BAKING PAN. BAKE FOR 13-15 MINUTES. CONVENTIONAL OVEN: BAKE FOR 20-25 MINUTES.

**Bosco Stuffed Whole Grain Cheese Breadsticks, Reduced-Fat, 6 Inch, Frozen, 2 Ounce** BAKE AT 350 DEGREES FOR 12 TO 15 MINUTES.

**CORN DOG TKY MINI.** From a frozen state open bag and place mini corn dogs on cooking tray and cook at 350 degrees F. Heat for approximately 20 minutes or until product reaches serving temperature.


**Hot Off the Grill Grilled Cheese Sandwiches, Whole Grain** DO NOT REMOVE WRAP BEFORE HEATING. FROM THAWED STAGE: PREHEAT CONVECTION OVEN TO 325\*F DEGREES, PLACE ONTO BUN PAN AND HEAT FOR 10 TO 12 MINUTES. SERVE. FROM FROZEN: PREHEAT CONVECTION OVEN TO 275 DEGREES, PLACE SANDWICHES ONTO BUN PAN AND HEAT 12 TO 15 MINUTES. SERVE. NOTE: SANDWICHES CAN BE HEATED FROM A FROZEN STATE; HOWEVER, IT IS RECOMMENDED THEY ARE HEATED FROM A THAWED STATE.



**Breaded Mozzarella Cheese Sticks** CONVENTIONAL OVEN: PREHEAT OVEN TO 450 DEGREES F. PLACE FROZEN CHEESE STICKS IN A SINGLE LAYER ON A BAKING SHEET WITH CHEESE STICKS NOT TOUCHING. BAKE 7-8 MINUTES OR UNTIL AN INTERNAL TEMPERATURE OF 155 DEGREES F. CONVECTION OVEN: PREHEAT OVEN TO 350 DEGREES F. PLACE FROZEN CHEESE STICKS IN A SINGLE LAYER ON A BAKING SHEET WITH CHEESE STICKS NOT TOUCHING. BAKE 6-8 MINUTES OR UNTIL AN INTERNAL TEMPERATURE OF 155 DEGREES F. FOR BEST RESULTS, ROTATE BAKING SHEET HALFWAY THROUGH THE COOKING TIME. LONGER COOKING TIME MAY BE NEEDED WHEN BAKING MORE THAN ONE TRAY. DEEP FRY: PREHEAT OIL TO 350 DEGREES F. FRY FROZEN PRODUCT FOR 1.5-2 MINUTES. ALLOW CHEESE STICKS TO COOL FOR 2 MINUTES BEFORE SERVING. DUE TO DIFFERENCES IN APPLIANCES, COOKING TIMES MAY VARY AND REQUIRE ADJUSTMENT.

**Carnival Corn Dogs** Place frozen corn dogs on a baking sheet. . Bake 16-20 minutes or until hot.

Basic Preparation

**Tyson Crispy Whole Grain Chicken Nuggets, Breaded, Cooked,** PREPARATION: APPLIANCES VARY, ADJUST ACCORDINGLY. CONVECTION OVEN: 6-8 MINUTES AT 375F FROM FROZEN. CONVENTIONAL OVEN: 8-10 MINUTES AT 400F FROM FROZEN.





**Tyson Crispy Whole Grain Chicken Tenders, Breaded, CN Labeled, Cooked,** PREPARATION: APPLIANCES VARY, ADJUST ACCORDINGLY. CONVECTION OVEN: 6-8 MINUTES AT 375 DEGREES F FROM FROZEN. CONVENTIONAL OVEN: 8-10 MINUTES AT 400 DEGREES F FROM FROZEN.

**Tyson Whole Grain Breaded Chicken Patty, Cooked** REPARATION: APPLIANCES VARY, ADJUST ACCORDINGLY. CONVECTION OVEN: 6-8 MINUTES AT 375 DEGREES F FROM FROZEN. CONVENTIONAL OVEN: 8-10 MINUTES AT 400 DEGREES F FROM FROZEN

**Tyson Hot & Spicy Whole Grain Chicken Tenders** PREPARATION: APPLIANCES VARY, ADJUST ACCORDINGLY. CONVECTION OVEN: 6-8 MINUTES AT 375 DEGREES F FROM FROZEN. CONVENTIONAL OVEN: 8-10 MINUTES AT 400 DEGREES F FROM FROZEN

**Tyson Southern Breaded Whole Grain Bone-In Chicken Breasts, Thighs, and Drumsticks**PREPARATION: APPLIANCES VARY, ADJUST ACCORDINGLY. CONVECTION OVEN: PREHEAT OVEN TO 350 DEGREES F. FROM FROZEN, PLACE PIECES IN A SINGLE LAYER ON A PARCHMENT PAPER LINED SHEET PAN OR ON A WIRE RACK SPRAYED WITH PAN RELEASE. HEAT FOR 25 -30 MINUTES. FOR BEST PERFORMANCE HOLD ON A SHEET PAN, UNCOVERED, WITH A WIRE RACK, ABOVE 140 DEGREES F IN A DRY HEAT ENVIRONMENT.

**Tony's Beef Whole Grain Fiestada Pizza, 5 Inch, Frozen** Cook before serving. Place frozen pizzas in 18x26x1/2" bun pans. Convection oven: 350 degrees F for 9-16 minutes. Conventional oven: 425 degrees F for 16-20 minutes. For food safety and quality, heat to an internal temperature of 160 degrees F. Appliances may vary, adjust accordingly. Refrigerate or discard any unused portion.

**Galaxy Pizza Tony's Cheese Pizza, 100% Mozzarella, Whole Grain, 4 Inch, Frozen Individually Wrapped,** Place wrapped pizzas in prepared pans. For best results, cook from frozen state. Convection Oven: Preheat oven to 350 degrees F, bake 18-21 minutes. Convection Oven: Preheat oven to 400 degrees F, bake 24-26 minutes. Microwave Oven: (1 portion ,unwrapped) Cook 2-3 minutes, 1100 Watts. Note: For food safety and quality, cook before eating to an internal temperature of 160 degrees F. Due to variances in oven regulators, and number of pizzas in an oven cooking time and temperature may require adjustments.

**RICH Crunchers Cheese Pizza Bites, Frozen** BAKE (CONVECTION): PREHEAT OVEN TO 350 DEGREES F. BAKE 11-13 MINUTES. LET STAND 2 MINUTES BEFORE SERVING. DUE TO DIFFERENCES IN APPLIANCES, COOKING TIMES MAY VARY AND REQUIRE ADJUSTMENT. CAUTION CHEESE STICKS WILL BE HOT

**Tony's Multi-Cheese Garlic French Bread Pizza, Whole Grain, Frozen,** PREHEAT THE CONVECTION OVEN TO 375F. PRODUCT MUST BE COOKED FROM A FROZEN STATE FOR BEST RESULTS. PLACE FROZEN PIZZAS IN 18" X 26" X 1/2" BUN PAN. CONVECTION OVEN: 375F FOR 10 TO 13 MINUTES. NOTE: OVEN TEMPERATURE AND TIMES MAY VARY DUE TO OVEN LOAD AND/OR PRODUCT TEMPERATURE. REFRIGERATE OR DISCARD ANY UNUSED PORTION. PREHEAT THE CONVENTIONAL OVEN TO 400F. PRODUCT MUST BE COOKED FROM A FROZEN STATE FOR BEST RESULTS. PLACE FROZEN PIZZAS IN 18" X 26" X 1/2" BUN PAN. CONVENTIONAL OVEN: 400F FOR 18 TO 20 MINUTES. NOTE: OVEN TEMPERATURE

AND TIMES MAY VARY DUE TO OVEN LOAD AND/OR PRODUCT TEMPERATURE. REFRIGERATE OR DISCARD ANY UNUSED PORTIO

**McCain Smile Shaped Potatoes** CONVECTION OVEN: PREHEAT OVEN TO 425\*F. SPREAD PRODUCT EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING. FOR BEST RESULTS, COOK FROM A FROZEN STATE USING RECOMMENDED TIME AND TEMPERATURE. ALWAYS COOK TO A LIGHT GOLDEN COLOR. DO NOT OVERCOOK. WHEN COOKING SMALLER AMOUNTS, REDUCE COOKING TIME.

**Crinkle Cut French Fries, Bakeable** CONVECTION OVEN: HEAT OVEN TO 425\*F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10-14 MINUTES TURNING ONCE FOR UNIFORM COOKING. DECK OVEN: HEAT OVEN TO 450\*F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 18-22 MINUTES TURNING ONCE FOR UNIFORM COOKING. DO NOT OVERCOOK. ALWAYS COOK TO LIGHT GOLDEN COLOR.

**Brown Rice** one part rice to 2 parts water, bring water to a boil, reduce heat and simmer 18-20mins

**Vegetarian Baked Beans** Reheat to 165 degrees

**All frozen Vegetables** Heat to 165 degrees

**Pancake Bites, Waffles, French toast** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Mini Pancake Wraps w/ Turkey** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Eggo Mini Pancakes Maple** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Mini Straw Pancakes** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**French Toast Bites** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**French Toast WG Mini Choc Chip** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Bagels IW** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Fruedle- Apple or Cherry** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

**Pillsbury Cini Mini** Heat in oven at 375 degrees F for 2-3 minutes. Finish:

## Keep Food Safe!

- **Properly reheat food**  
*Reheat to internal temperature of 165°F*
- **Keep cold foods cold**  
*at 40°F or lower*
- **Refrigerate leftovers**  
*immediately or throw them away*

Check meal serving locations on the Nutrislice Smartphone app  
Search "Nutrislice" on the Google Play or the App Store



## Wash your hands before you eat!

Using clean, running water and soap scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

If you have food allergies be sure to check ingredients and speak to a manager.