

Intermediate School Breakfast Menu

September 2022

MENU SUBJECT TO CHANGE

			1 Chicken Biscuit or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	2 NO SCHOOL HOLIDAY
5 NO SCHOOL HOLIDAY	6 French Toast Sticks or Cereal w/graham cracker Available Daily: Fruit Juice Assorted Fruit Milk	7 Grape Filled Crescent or Cereal w/cinnamon toast Available Daily: Fruit Juice Assorted Fruit Milk	8 Sausage Biscuit or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	9 Ham Slider or Cereal w/toast Available Daily: Fruit Juice Assorted Fruit Milk
12 Mini Bagel or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	13 Pancake on a stick or Cereal w/graham cracker Available Daily: Fruit Juice Assorted Fruit Milk	14 Mini Cinni or Cereal w/cinnamon toast Available Daily: Fruit Juice Assorted Fruit Milk	15 Chicken Biscuit or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	16 Yogurt w/graham cracker or Cereal w/toast Available Daily: Fruit Juice Assorted Fruit Milk
19 Mini Waffles or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	20 French Toast Sticks or Cereal w/graham cracker Available Daily: Fruit Juice Assorted Fruit Milk	21 Grape Filled Crescent or Cereal w/cinnamon toast Available Daily: Fruit Juice Assorted Fruit Milk	22 Sausage Biscuit or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	23 Ham Slider or Cereal w/toast Available Daily: Fruit Juice Assorted Fruit Milk
26 Mini Cinni or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	27 Pancake on a stick or Cereal w/graham cracker Available Daily: Fruit Juice Assorted Fruit Milk	28 Mini Cinni or Cereal w/cinnamon toast Available Daily: Fruit Juice Assorted Fruit Milk	29 Chicken Biscuit or Cereal w/muffin Available Daily: Fruit Juice Assorted Fruit Milk	30 Yogurt w/graham cracker or Cereal w/toast Available Daily: Fruit Juice Assorted Fruit Milk