

Managing Study Time

At School Vs. At Home

Questions to ask yourself:

1. What time are all of my school activities?
 - a. (Sports, play practice, Spanish club, etc.)
2. What is my work schedule?
 - a. (Weekdays, weekends, how many hours)
3. Have I promised my time to anyone this week?
 - a. (baby-sit my little sister, etc.)

Now put on your calendar

Next, Ask yourself:

1. Are there materials at school that I don't have access to at home?
2. Do I work better at home than at school?
3. Do I work better in the morning, afternoon, or evening?

After answering all of these questions, mark your calendar and assignment book.

Choose the most logical times for you to study.

Make a designated time to study, and give yourself a specific time to stop- it is most important for you to be realistic. Spending 30 minutes on 1 math problem is too long- this is telling you that you need to go for extra help. Stick to your timetable and get to bed on time. It is just as important to get enough sleep so you can concentrate for the next day.

Have the phone #'s of at least one student in each of your classes in case you miss an assignment or have to ask a question on an assignment at night.

When setting up study times, take into account the following point:

- Sometimes just getting through all of your classes is difficult, maybe you need time during and after school for a break and evenings may be your best study time.
- Is one subject very difficult, do you usually have a lot of questions about it? Then it would be a good idea to do the homework for that class during the school day when you have teachers and other students available to help you.
- If possible, it is always best to try to do some work at school and some work at home. Breaking study time up keeps you refreshed and you won't have to stay up late to finish, leaving you tired for the next day.
- If you have a light homework night, don't waste it. Work on an upcoming project, review vocabulary words by making flash cards, take notes on a chapter in your textbook for an upcoming test, reorganize—DON'T waste this time. Get into the habit of using all of your study time so you don't get overloaded later