

Banta Unified School District
Triennial Assessment
Completed May 2022

In accordance with the [2016 Final Rule](#), schools must complete an assessment of their district wellness policy every three years, at minimum. The assessment must include several components:

1. Comparison of the district's School Wellness Policy to a model policy;
2. Measurement of the extent to which the district is in compliance with the policy;
3. Description of the district's progress toward achieving the goals described in the policy.

Banta Unified School District used the WellSAT Triennial Assessment tools and worksheets to fulfill the requirements of the Triennial Assessment. Results are detailed below.

1. [Description of the district's progress toward achieving goals described in the policy](#)
 - See completed WellSAT Worksheet 4 (attached).
2. [Comparison to a model School Wellness Policy](#)
 - See completed WellSAT 3.0 Scorecard (attached).
3. [Local measurement of compliance with School Wellness Policy](#)
 - The district performed interviews with district- and school-level personnel, using the WellSAT-I tool. Scores were recorded using the WellSAT-I Scorecard and analyzed using the WellSAT Worksheet 3 (attached).

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from Worksheet 3: Identifying Connections between Policy and Practice. The purpose of these narratives is to describe the district's progress toward meeting its wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

The District has successfully detailed and implemented wellness practices related to nutrition education, school meals, standards for competitive foods and beverages, physical education and activity, wellness, and the implementation, evaluation, and communication of the wellness policy, in accordance with the USDA regulations.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

Due to COVID-19 and the subsequent supply chain and staffing shortages, some of the practices outlined in the School Wellness Policy have not been able to be implemented to the fullest extent. The District Wellness Committee will work on developing a plan to implement and reinstate all federal requirements, including:

- food and beverages sold for fundraising purposes during the school day meet CA Competitive Foods standards;
- foods and beverages served in elementary classrooms meet CA Competitive Foods standards;
- all relevant stakeholders (parents, students, school food authority representative, physical education teacher, school health professional, school board member, school administrator, and community members) are encouraged to participate in the development, implementation, review, and update of the School Wellness Policy; and
- clear identification of official(s) responsible for the implementation of and compliance with the School Wellness Policy.



SECTION 3: UPDATE POLICIES

The School Wellness Policy currently includes all of the federally required elements. No further action is needed.



SECTION 4: OPPORTUNITIES FOR GROWTH

The District Wellness Committee has reviewed the Opportunities for Growth and will prioritize updating all federally required elements of the School Wellness Policy in the immediate future. Based on the results of this Triennial Assessment, the Wellness Committee will develop an action plan for the next 3 years. This action plan will specifically address:

- Identification of the official(s) responsible for the implementation and compliance of the local wellness policy.

Your District's Scorecard

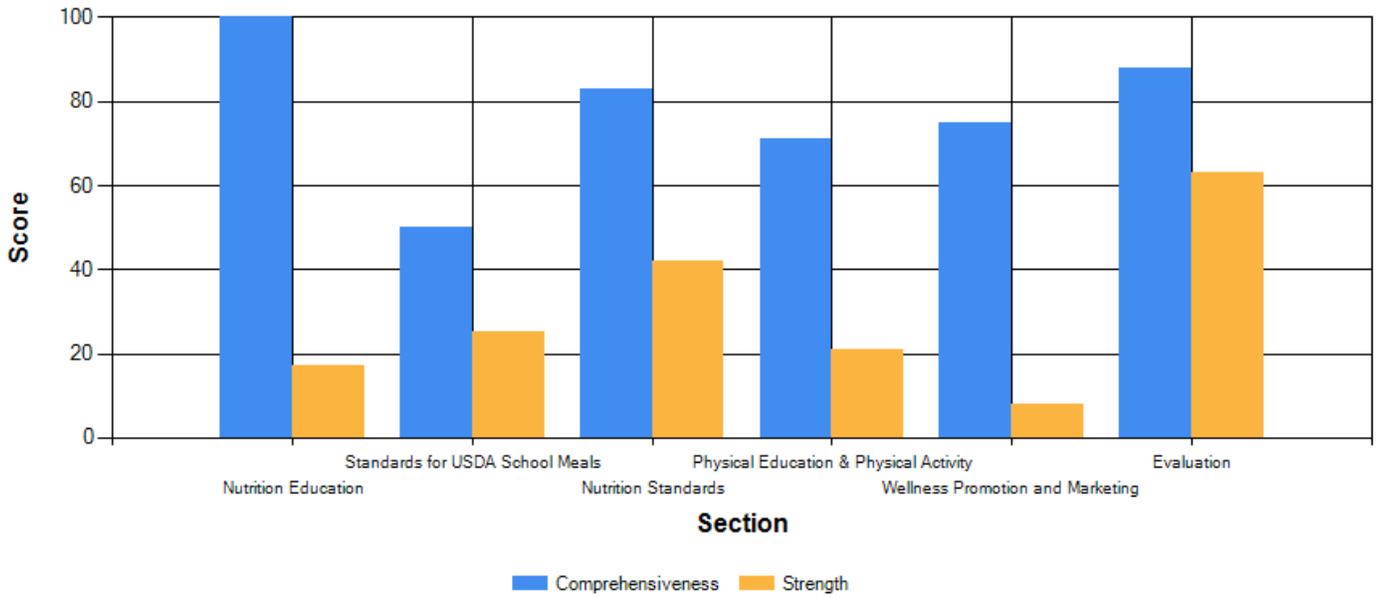
[Close window](#)

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: Banta Elementary School District



Section 1. Nutrition Education

Rating

NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1
NE3	All elementary school students receive sequential and comprehensive nutrition education.	1
NE6	Nutrition education is integrated into other subjects beyond health education	1
NE7	Links nutrition education with the school food environment.	1
NE8	Nutrition education addresses agriculture and the food system.	1
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 6 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 6 (the number of items in this section). Multiply by 100.	17

[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals

Rating

SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	1
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	0
SM6	Specifies strategies to increase participation in school meal programs.	0
SM7	Addresses the amount of "seat time" students have to eat school meals.	0
SM8	 Free drinking water is available during meals.	2
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	1
SM10	 Addresses purchasing local foods for the school meals program.	0
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	50
	Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	25

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating

NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	0
NS3	 Regulates food and beverages sold in a la carte.	2
NS4	 Regulates food and beverages sold in vending machines.	2
NS5	 Regulates food and beverages sold in school stores.	2
NS6	 Addresses fundraising with food to be consumed during the school day.	2

NS7	Exemptions for infrequent school-sponsored fundraisers.	0
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	1
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	1
NS12	Addresses food not being used as a reward.	1
NS13	Addresses availability of free drinking water throughout the school day.	1
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	83
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	42

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating

PEPA1	 There is a written physical education curriculum for grades K-12.	1
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	0
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	1
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	0
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	1
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	1
PEPA13	Addresses recess for all elementary school students.	1

PEPA14	 Addresses physical activity breaks during school.	1
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	1
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 14 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	71
	Strength Score: Count the number of items rated as "2" and divide this number by 14 (the number of items in this section). Multiply by 100.	21

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating

WPM1	Encourages staff to model healthy eating and physical activity behaviors.	1
WPM2	 Addresses strategies to support employee wellness.	1
WPM3	Addresses using physical activity as a reward.	0
WPM4	Addresses physical activity not being used as a punishment.	0
WPM5	Addresses physical activity not being withheld as a punishment.	0
WPM6	Specifies marketing to promote healthy food and beverage choices.	1
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	1
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	1
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	1
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	1
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	1
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	75

Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	8
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[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	1
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	1
IEC4	 Addresses making the wellness policy available to the public.	2
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	2
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	2
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	0
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	88
	Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	63

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 78
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 29

WORKSHEET 3: IDENTIFY CONNECTIONS BETWEEN POLICY AND PRACTICE

This worksheet includes four sections that assess the connections between the written wellness policy and the district and school practices.

Instructions: Print out the WellSAT 3.0 Scorecard and Scorecard for the WellSAT-I. With the two scorecards side by side, go through each section and identify the following using Worksheet 3:



All items that received a written policy score of 2 and an interview practice score of 2. These are your district's Strong Policies and Aligned Practices. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 1 or 2 and an interview practice score of 0 or 1. These are items where you need to Create Practice Implementation Plans. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 0 or 1 and an interview practice score of 2. These items are where your district should Update Policies. List items in this section on Worksheet 2, starting with those that are federally required.



All items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1. These items represent Opportunities for Growth. List items in this section on Worksheet 2, starting with those that are federally required.

SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES



This document identifies where the district has a strong policy and is fully implementing practices that align with the policy.

- Describe the items that received a written policy score of 2 and an interview practice score of 2. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1: Nutrition Education
NE1*	Goals for nutrition education
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM1*	Compliance with USDA nutrition standards for reimbursable meals
SM8*	Free drinking water
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS1*	Compliance with USDA nutrition standards for Smart Snacks
NS3-5*	Food and beverages sold a la carte, in vending machines, and in school stores
	Section 4: Physical Education and Physical Activity
PEPA2	Written PE curriculum aligned with state/national standards
PEPA3	PE promotes physically active lifestyle
PEPA15	Joint or shared-use agreements
	Section 5: Wellness Promotion and Marketing
WPM7*	Restricts marketing on campus to only Smart Snacks
	Section 6: Implementation, Evaluation & Communication
IEC4*	LSWP available to the public
IEC5*	Triennial assessment
IEC6*	Triennial assessment results available to the public

IEC7*	Plan for updating policy based on Triennial Assessment results
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SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN



This document identifies areas where there is a strong or weak policy, but practice implementation is either absent or limited. The Connecticut State Department of Education (CSDE) recommends working with key stakeholders and developing a plan to fully implement the policy as written.

- ▶ Enter the items that received a written policy score of 1 or 2 and an interview practice score of 0 or 1. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1: Nutrition Education
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS6*	Fundraising with food during the school day
NS9*	Food and beverages served at class parties in elementary schools
NS11	Nutrition standards for foods & beverages sold after the school day
NS12	Addresses food not being used as a reward
	Section 4: Physical Education and Physical Activity
PEPA1	Written PE curriculum implemented consistently at every grade
PEPA8	Addresses providing PE training for PE teachers
PEPA11	Addresses family and community engagement
PEPA16	District addresses active transport for all K-12 students w/in distance
	Section 5: Wellness Promotion and Marketing
WPM1	Encourages staff to model healthy behaviors
WPM2	Addresses strategies to support employee wellness

WPM6	Specifies marketing to promote healthy choices
WPM12	Addresses marketing through fundraisers
	Section 6: Implementation, Evaluation & Communication
IEC2*	Addresses relevant stakeholder participation in LSWP
IEC3*	Identifies official responsible for implementation/compliance with LSWP

SECTION 3: UPDATE POLICIES

This document identifies areas where the LEA is (a) fully implementing practices but there is no or only weak language in the written policy, or (b) partially implementing practices with no policy language. Best practice is to update the policy to match the implementation level.



- ▶ Enter the items that received a written policy score of 0 or 1 and an interview practice score of 2. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
NE2	Nutrition education teaches skills that are behavior-focused, interactive, etc.
NE3	All elementary students receive sequential, comprehensive nutrition ed.
NE6	Nutrition edu. integrated into other subjects beyond health edu.
NE7	Links nutrition edu. with the school food environment
NE8	Nutrition ed. addresses agriculture and the food system
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM2	Addresses access to the SBP
SM5	Specifies how families are provided info about determining eligibility
SM7	Addresses "seat time"
SM9*	Ensures annual training for FNS staff

	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS2	USDA Smart Snacks easily accessed in the policy
NS10	Addresses nutrition standards for foods & beverages served to students after the school day
NS13	Addresses availability of free drinking water throughout the day
	Section 4: Physical Education and Physical Activity
PEPA4	Addresses time per week of PE for elementary students
PEPA7	Addresses qualifications for PE teachers
PEPA9	Addresses PE exemption requirements
PEPA10	Addresses PE substitution
PEPA12	Addresses before and after school physical activity
PEPA13	Addresses recess for elementary
PEPA14	Addresses physical activity breaks
	Section 5: Wellness Promotion and Marketing
WPM3	Addresses using physical activity as reward
WPM4	Addresses physical activity not being used as punishment
WPM5	Addresses physical activity not being withheld as punishment
WPM8-11	Addresses marketing on school property and equipment, educational materials, where food is purchased, and in school publications and media
	Section 6: Implementation, Evaluation & Communication
IEC1	Establishment of active wellness committee
IEC8	Addresses establishment of ongoing school building level committees

SECTION 4: OPPORTUNITIES FOR GROWTH

This identifies areas where the district has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way.



- ▶ Enter the items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1. Start with the Federal Requirements for each section.

Item number	Item description
	Section 1. Nutrition Education
	Section 2: Standards for USDA Child Nutrition Programs and School Meals
SM6	Specifies strategies to increase participation in school meal programs
SM10	Addresses purchasing local foods for the school meal programs
	Section 3: Nutrition Standards for Competitive and Other Foods and Beverages
NS7	Exemptions for infrequent school-sponsored fundraisers
NS9*	Regulates food & beverages served at class parties in elementary schools
NS11	Addresses nutrition standards for foods and beverages sold to students after the school day
NS12	Addresses food not being used as a reward
	Section 4: Physical Education and Physical Activity
PEPA1	Written PE curriculum in place
PEPA8	Addresses providing PE training for PE teachers
PEPA11	Addresses family and community engagement
PEPA16	District addresses active transport
	Section 5: Wellness Promotion and Marketing
WPM1	Encourages staff to model healthy behaviors
WPM2	Addresses strategies to support employee wellness
WPM6	Specifies marketing to promote healthy choices

WPM12	Addresses marketing through fundraisers
	Section 6: Implementation, Evaluation & Communication
IEC3*	Identifies official responsible

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- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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