

# Southeastern Jr/Sr High School Menus

## OCTOBER

*Sat*

	Bread & Milk served with each Lunch * * * * * Menus subject to change				1 Cereal, Toast, PB & J, Juice, Milk  Ham & Cheese on Bun Sunchips Applesauce Cup Ice Cream Cookies	2
3	4 Waffles, Sausage Juice, Milk  Chicken Strips Green Beans Salad Bar Pineapple	5 Cereal, Toast, PB & J, Juice, Milk  Chicken & Noodles Mashed Potatoes Salad Bar Fruit Cocktail	6 Bagel & Cream Cheese, Juice, Milk  Chili or Cheese Broccoli Soup Fresh Veggies Salad Bar Pears	7 Combo Bar, Toast, Juice, Milk  Pizza Bites Lettuce Salad Bar Rosy Applesauce	8 Cereal, Toast, PB & J, Juice, Milk  Hamburger on Bun Cheese Slices Mixed Veggies Salad Bar Peaches	9
10	11 <b>NO SCHOOL</b> - Columbus Day	12 Cereal, Toast, PB & J, Juice, Milk  Hot Dog or Chili Dog Corn Salad Bar Tropical Fruit	13 Sausage Gravy & Biscuits, Juice, Milk  Chicken Bites Hash Brown Casserole Salad Bar Mandarin Orange	14 Breakfast Bites, Syrup, Juice, Milk  Pizza Lettuce Salad Bar Baked Apples	15 Cereal, Toast, PB & J, Juice, Milk  Ham Slice Buttered Potatoes Salad Bar Applesauce	16
17	18 Flapsticks, Syrup, Juice, Milk  Burritos Slaw Salad Bar Peaches	19 Cereal, Toast, PB & J, Juice, Milk  Beef Stew & Biscuits Salad Bar Pears	20 Breakfast Pizza, Juice, Milk  Chicken Nuggets Peas Salad Bar Cherries	21 French Toast, Ham Slice, Syrup, Juice, Milk  Ravioli & Garlic Bread Lettuce Salad Bar Pineapple	22 Cereal, Toast, PB & J, Juice, Milk  Baked Potato Bar Tuna Salad Salad Bar Fruit Cocktail	23
24	25 Pancakes, Syrup, Sausage Link, Juice, Milk  Steamburger on Bun Mixed Veggies Salad Bar Pears	26 Cereal, Toast, PB & J, Juice, Milk  Crisptos Lettuce Salad Bar Tropical Fruit	27 Egg & Sausage on English Muffin, Juice, Milk  Breaded Chicken Pattie on Bun Corn Salad Bar Orange Wedges	28 Ham & Cheese Omlet, Toast, Juice, Milk  Corn Dogs Fresh Veggie Salad Salad Bar Mandarin Oranges	29 <b>NO SCHOOL</b> - Parent/Teacher Conferences	30
31						

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